

4rd Annual Silver District and Novice Championships
Hosted by Lock Haven Area YMCA
February 23th, 2019

Facility Information	<p>Zimmerli Gymnasium Lock Haven University of Pennsylvania 401 North Fairview Street Lock Haven, PA 17745</p> <p>6 lane, 25-yard pool with new Colorado touch pads/Colorado Timing System 6 Console.</p> <p>***Deck Access will be restricted to Coaches, Officials, Timers and only confirmed authorized personnel. ***</p>
Admission	Free Admission to all spectators.
Rules	USA Swimming rules will be enforced.
Scoring	<p>Individual: 16-13-12-11-10-9-7-5-4-3-2-1 Relay: 32-26-24-22-20-18-14-10-8-6-4-2</p>
Entry Information	<p>Entries can be emailed to valcoa@msn.com Entries are due February 18, 2019 Checks are made payable to <u>Lock Haven YMCA Swim Team</u> Mail Checks along with meet summary to Lock Haven YMCA c/o Val Coakley 145 E Water St Lock Haven, PA 17745</p> <p>Entry fee \$5 per individual event RELAY EVENTS ARE FREE On deck entries \$7.50 per event and will be placed in open lanes where available.</p> <p>There will be no facility surcharge per swimmer.</p> <p>Each team's coach should send one team manager file, but in the occurrence where swimmers team is not coming to the meet and they want to enter individually, Team Manager Lite can be used. That can be downloaded for free here. www.hy-tekltd.com</p> <p><u><i>Event file on State YMCA page: teamunify.com</i></u></p>
Entry Limitations	<p>This event is for YMCA swimmers only, who have not made a district qualifying time in the specific event entered.</p> <p>Silver District Swimmers (9 and older) can swim up to 7 total events. This includes up to 5 individual events and 2 relays. No swimmer may exceed 5</p>

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	<p>individual events or two relays.</p> <p>Novice Swimmers (8 and under) may swim 4 events and one of these events must be a relay (maximum of 3 individual events for this age group).</p>		
Award Information	<p>Medals will be awarded for the 1st through 6th place finishers, ribbons for 7th through 12th place finishers in all age groups.</p> <p>Note: THE TOP THREE INDIVIDUAL POINTS PRODUCERS in each age group will receive TROPHIES.</p>		
Deadlines	<p>Entries are due February 18, 2019</p> <p>T-shirt Information to follow.</p>		
Times	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Morning Session: 7:30am-Meet Warm Up 9:00am- Meet Start</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Afternoon Session: 1:00pm-Meet Warm Up 2:30pm-Meet Start</p> </td> </tr> </table>	<p>Morning Session: 7:30am-Meet Warm Up 9:00am- Meet Start</p>	<p>Afternoon Session: 1:00pm-Meet Warm Up 2:30pm-Meet Start</p>
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Age	Age as of December 1 st 2018		
Format	<p>All events will be mixed and seeded by time.</p> <p>Results will be compiled and scored for each gender and age group.</p>		
Age Groups	<p>Novice Championships Age Groups (Morning session) 6 and Under Boys and Girls 7-8 Boys and Girls</p> <ol style="list-style-type: none"> 1. 100 medley relay 2. 25 freestyle 3. 50 freestyle 4. 100 IM 5. 25 breaststroke 6. 25 butterfly 7. 25 backstroke 8. 100 Freestyle Relay <p>In the below order of events, bold events are to be contested only for the Novice Championships (6 and under, 7-8 age groups). In addition, Novice swimmers can swim the 50 free or 100 IM as well.</p> <p>Silver District Age Groups (Afternoon Session) 9-10 Boys and Girls 11-12 Boys and Girls 13-14 Boys and Girls 15 and Over Boys and Girls</p>		
Order of Events	<ol style="list-style-type: none"> 1. 500 Freestyle 2. 200 Medley Relay 3. 50 Breaststroke 4. 100 Backstroke 		

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	<ol style="list-style-type: none"> 5. 200 Butterfly 6. 100 IM (9-10 age group) 7. 200 IM 8. 50 Freestyle 9. 50 Backstroke 10. 100 Butterfly 11. 200 Breaststroke 12. 100 Freestyle 13. 200 Freestyle 14. 400 IM 15. 50 Butterfly 16. 100 Breaststroke 17. 200 Backstroke 18. 200 Freestyle Relay
Hotel Info	<ol style="list-style-type: none"> 1. Best Western 101 E. Walnut St. Lock Haven, PA (570) 748-3927 2. Hampton Inn & Suites 24 Hospitality Lane, Lamar, PA (570) 726-3939 – 3. Comfort Inn 31 Hospitality Lane, Lamar, PA (570) 726-4901 4. Fairfield Inn & Suites 50 Spring St. Lock Haven, PA (570) 748-1580
Bed & Breakfasts	<ol style="list-style-type: none"> 1. Partnership House Bed & Breakfast Baird Lane & Island Route Lock Haven, PA (570) 660-6541 (no credit cards) 2. Avenue Bed & Breakfast 84 Susquehanna Ave. Lock Haven, PA (570) 660-0204 3. Victorian Inn Bed & Breakfast 401 E. Water St. Lock Haven, PA (570) 748-8688
Officials:	<p>If you are an official and would like to help officiate the swim meet- you will receive a free t-shirt. A hospitality room will be available as a token of our appreciation. If you are interested in being part of the event, please contact Tim Swift: Swiftypa5@gmail.com</p>

Manual Individual Entry Form

Swimmer Name/Team	Event/Description/Number	Seed Time/DOB	T-shirt size and number requested

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Meet Summary Sheet

Team Name _____

Team Contact Information:

Name: _____

E-mail _____

Phone _____

Entry Information	#	Cost	Total
Total # of Individual Entries		\$5 each	
Total # of Relay Entries		\$0 each (no charge)	0
Total number of swimmers in meet			

I attest that all athletes are currently registered and full privilege members of the YMCA and are eligible to compete.

Team Representative signature

Cost is \$5 per individual event and Relays are free.

On deck entries will be accepted at \$7.50 per event and will be placed in open lanes where available.

Silver Districts – Maximum of 5 individual event and 2 relays

Novice Swimmers (8 and under)- Maximum of 3 individual and 1 relay event

Please make checks Payable to the Lock Haven YMCA and send to

Lock Haven YMCA
 c/o Valerie Coakely
 145 E Water St
 Lock Haven, PA 17745